

N.º 387

Rosários 4<sup>®</sup>

Autumn/Winter Collection

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# ALENTEJANA

SIZE: 5

PATTERN CREATED BY:

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ROMARIA · 17



100% WOOL



PIOPARDO · 03



100% WOOL



# ALENTEJANA

SIZE: **5**



## ROMARIA



100% LANA

LIGEIRO/ LIGHT  
LIGERO



100g  
3.50 oz

320  
METROS  
METRES  
349  
YARDS

## PIOPARDO



100% LANA

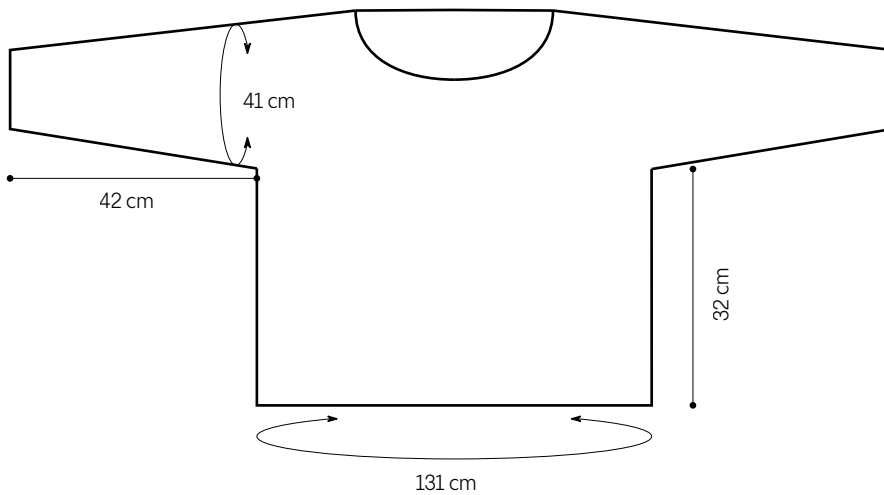
LIGEIRO/ LIGHT  
LIGERO



50g  
1.65 oz

165  
METROS  
METRES  
180  
YARDS





## YARN

4 balls of **ROMARIA** from Rosários 4, **color 17 - color A**.  
2 skeins of **PIOPARDO** from Rosários 4, **color 03 - color B**.

## GAUGE

24 sts and 36 rnds - 10x10 cm in stockinette stitch with 3 mm needles, knitted in the round, washed and blocked (it's important to wash and block your swatch in order to get the correct gauge). Check also your gauge with the colorwork pattern, if necessary, use a bigger needle for the colorwork section (I have used a 3.25 mm needle for the colorwork section and 3 mm needle for the stockinette stitch).

## NEEDLES

2.5 mm and 3 mm (also 3.25 mm needles if needed for the colorwork section) circular needles with 80 cm cable for the body and a 40 cm cable (or DPNs; or use the bigger cable and work in magic loop) for the neck (if necessary, adjust the needle size to match the gauge).

## NOTIONS

Tapestry needle, stitch marker, waste yarn.

## SIZE

5

## FINISHED MEASUREMENTS

131 cm final bust measurements (refer to the schematic for more measurements); measures with approx. 14 cm of positive ease included.

This sweater is knitted from the top down, in the round and seamlessly. We start by knitting the collar and the entire yoke with increases and the colorwork pattern. In the armholes, the sleeve stitches are left on hold whilst the body is knitted in the round. At the end, we return to the sleeve stitches and knit in the round, from the top down to the cuff.

**Note:** when knitting in the colorwork pattern, the dominant color is color A (strand that goes underneath) and the background color is color B (strand that goes on top). This means that color A (dominant) will always be held on the left while color B (background) will be on the right. Make sure to leave the threads long enough to prevent the fabric from pulling together.



## YOKE

With smaller needles work a tubular cast-on as follows:

1. With waste yarn cast on 69 sts; do not join in the round, work flat;
2. Join the color A and work as follows: (purl 1 row; knit 1 row) x 2;
3. Double the sts by picking up the sts from the provisional cast-on: (p1, pick up 1 st from the provisional cast-on, place it on the left-hand needle and knit) rep to end. There is a total of 138 sts on the needles. Join to work in the round, being careful not to twist the sts and place BOR. Work in 1x1 rib: (p1, k1tbl) rep to end. Repeat this rnd 7 more times.

**1st inc rnd:** (k4, **M1L**) x 34, k2. [172 sts]

Change to bigger needle and shape the neckline with short rows:

**Row 1 (RS):** k43, turn.

**Row 2 (WS):** DS, P to BOR, slm, p43, turn.

**Row 3:** DS, k to BOR, slm, k to 4 sts after DS, turn.

**Row 4:** DS, p to BOR, slm, p to 4 sts after DS, turn.

Repeat rows 3 and 4, 3 more times.

**Row 11:** DS, k to BOR.

Resume working in the round:

**Rnd 12:** k to end.

**2nd inc rnd:** (k4, M1L) rep to end. [215 sts]

Join color B and work the colorwork pattern following **chart A**. If necessary, change to bigger needle in this section (check your gauge). St count the end of each increase rnd:

**Rnd 1:** 258 sts.

**Rnd 5:** 301 sts.

**Rnd 7:** 344 sts.

**Rnd 23:** 430 sts.

Cut color B and continue with color A only. If you used a larger needle for the colorwork, switch to the needle you were using before this section. Work in stockinette stitch, knitting all rnds, until yoke measures approx. 25 cm height in the front from the cast on. Here you can adjust the yoke height by knitting more or less full rounds in stockinette. I recommend putting the sts in a long cable and trying it on before separating the body and sleeves.

**SEPARATE THE SLEEVES:** k68, slip next 78 sts to waste yarn and leave on hold for the sleeve, backwards loop cast on 20 sts, k137, slip next 78 sts to waste yarn and leave on hold for the sleeve, backwards loop cast on 20 sts, k69. [314 sts on the body]

## BODY

Work the body in stockinette stitch, knitting every rnd, until the body measures approx. 28 cm from the armhole (or 4 cm less than the desired length). Change to smaller needles and work in 1x1 rib: (k1, p1) rep to end. Repeat this rnd 15 more times. Bind off all sts in ribbing pattern.

## SLEEVES

With RS facing and starting at the middle of the armhole, pick up and knit 10 sts over each one of the cast-on sts; place the 78 sts on hold for the sleeve on the left-hand needle and knit; pick up and knit 10 sts over each one of the remaining cast-on sts. There are 98 sts on the needle. Join to work in the round, place BOR and knit 20 rnds.

Work the decreases:

**Decrease rnd:** k1, **ssk**, k to 3 sts from end, **k2tog**, k1.

Knit 7 rnds.

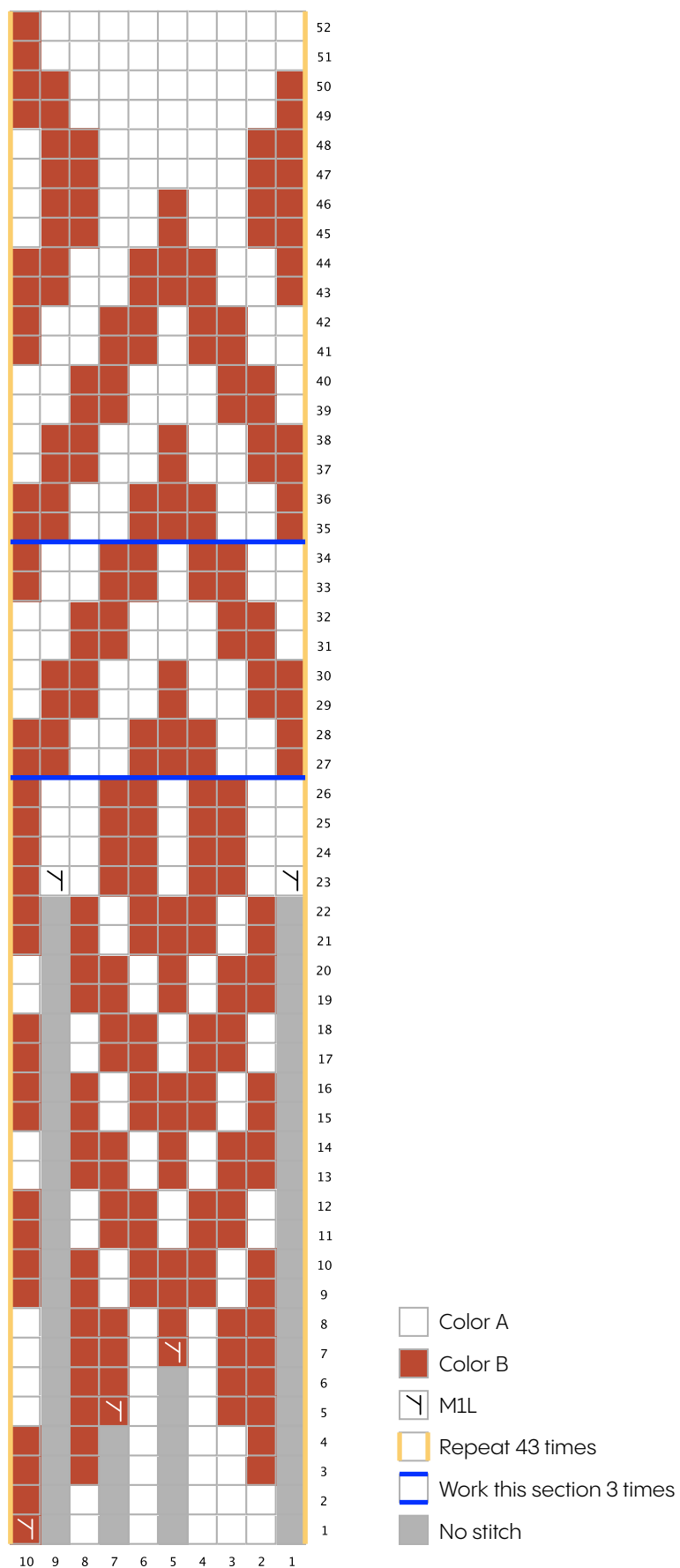
Repeat the decrease rnd every 8 rnds, 12 more times. [72 sts]

Continue working in stockinette stitch until the sleeve measures 39 cm from the armhole (or 3 cm less than the desired length). Work in 1x1 rib: (k1, p1) rep to end. Repeat this rnd 11 more times. Bind off all sts in ribbing pattern.

## FINISHING

Weave in all ends with a tapestry needle. Wash carefully with mild soap. Block garment to final measurements.

### CHART A



## ABBREVIATIONS

**K** knit**P** purl**cm** centimeters**Rep** repeat**approx.** approximately**RS** right side**WS** wrong side**st/sts** stitch/ stitches**rnd/ rnds** round/ rounds**pm** place marker**slm** slip marker**BOR** beginning of round marker**k1tbl** knit 1 st through back loop.**k2tog** knit 2 stitches together**ssk** slip, slip, knit (slip a stitch as if to knit, slip a second stitch as if to knit, insert the left-hand needle into the front of the slipped stitches, and knit)**M1L** make one left (insert the left-hand needle, from front to back, under the strand of yarn that runs between the stitch just worked and the next stitch on the left-hand needle. Knit this st through the back loop)**Stockinette stitch** knit all right-side rows and purl all wrong-side rows (in the round: knit all rounds)**German short-rows****DS** double stitch

On right side rows: knit to the turning point; turn and slip the first stitch purl-wise with yarn in front, bring yarn over the needle to the back of work and pull tight - this creates the double stitch (DS). Bring yarn between needles to the front of the work to begin purling.

On wrong side rows: Purl to the turning point; turn and bring yarn to the front between needles, slip the first stitch purlwise; bring yarn over the needle to the back of work and pull tight - this creates the double stitch (DS); begin knitting.

On following rows/rounds work DS's as single stitches, knitting or purling both legs of the DS together.





#### SUPPORT VIDEOS

Ssk (slip, slip, knit)  
Make one left and Make one right  
German short rows

#### PATTERN SUPPORT

**If you need help with this pattern, please email me at:**

[filipa@filipacarneiro.com](mailto:filipa@filipacarneiro.com)

**I would love to see the progress of your work and the final garment, please share your photos on social media using:**

#ALENTEJANASWEATER #FILIPACARNEIRODESIGNS #ROSARIOS4ROMARIA  
#ROSARIOS4PIOPARDO

#### YARN

**Where can I find this yarn? Send an email to:**

[geral@rosarios4.com](mailto:geral@rosarios4.com)



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*Rosários 4.*